

LONDON REGION WINTER SHORT COURSE CHAMPIONSHIPS
LONDON AQUATIC CENTRE, 5th - 6th NOVEMBER 2016

Event	Place	Name	Time	FINA Pts	25	50	75	100	125	150	175	200
					225	250	275	300	325	350	375	400
133 Mens Open 100m Freestyle	16Yrs/Under	21 Spencer CREAMORE	56.98	490	13.19	27.65	42.51					
		32 William BOND	58.35	456	13.25	27.71	43.00					
135 Mens Open 50m Backstroke	16Yrs/Under	3 Michael REES	28.16	491	14.14							
		4 Kieran RUTTER	28.43	477	14.23							
		13 Joseph LENIHAN	29.75	416	14.94							
		34 William BOND	31.65	346	15.72							
	17Yrs/Over	7 Jonathan WILEMAN	27.97	501	13.73							
137 Mens Open 400m IM	16Yrs/Under	1 Michael REES	04:40.87	589	13.78	30.17	47.60	01:05.71	01:23.66	01:40.85	01:58.41	02:15.77
					02:36.16	02:56.57	03:17.12	03:37.75	03:54.05	04:09.80	04:25.72	04:40.87
142 FINAL OF EVENT 135 Mens 50m Backstroke	16Yrs/Under	2 Michael REES	27.95	502	14.09							
		6 Kieran RUTTER	28.95	452	14.62							
143 FINAL OF EVENT 135 Mens 50m Backstroke	17Yrs/Over	6 Jonathan WILEMAN	28.07	496	13.89							
201 Womens Open 200m IM	16Yrs/Under	20 Kelly BONE	02:30.61	529	14.91	32.99	52.39	01:10.26	01:32.23	01:54.51	02:13.26	02:30.61
202 Mens Open 50m Freestyle	16Yrs/Under	27 Spencer CREAMORE	26.28	458	13.09							
		39 William BOND	26.76	433	13.10							
203 Womens Open 100m Breaststroke	16Yrs/Under	12 Daisy MEFFAN	01:18.27	505	17.02	37.01	57.68					
204 Mens Open 100m Butterfly	16Yrs/Under	11 Michael REES	01:02.11	474	13.23	28.89	45.41					
205 Womens Open 100m Backstroke	16Yrs/Under	28 Kelly BONE	01:09.37	499	16.47	34.01	51.66					
		29 Nubia ADJEI	01:09.46	497	15.98	32.88	51.42					
		41 Lucy PEARSON	01:10.31	479	16.52	33.84	52.39					
		72 Hannah REES	01:12.93	429	16.84	35.20	54.20					
217 Mens Open 200m Breaststroke	16Yrs/Under	19 Andrej DRZAIC	02:37.99	443	16.49	35.83	56.00	01:16.42	01:37.16	01:57.70	02:18.12	02:37.99
		25 William BOND	02:50.08	355	17.16	37.25	58.15	01:20.18	01:42.43	02:04.96	02:27.61	02:50.08
218 Womens Open 200m Freestyle	16Yrs/Under	40 Kelly BONE	02:15.02	552	14.45	30.65	47.61	01:05.00	01:22.36	01:40.08	01:57.64	02:15.02

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					225	250	275	300	325	350	375	400
219 Mens Open 200m Backstroke	16Yrs/Under	1 Michael REES	02:05.92	590	14.11	29.11	44.43	01:00.62	01:16.48	01:33.00	01:49.70	02:05.92
		2 Kieran RUTTER	02:09.50	542	14.72	30.10	46.44	01:03.08	01:19.47	01:36.45	01:53.27	02:09.50
		7 Joseph LENIHAN	02:13.89	491	14.88	31.50	48.24	01:05.79	01:22.98	01:40.62	01:57.50	02:13.89
	17Yrs/Over	4 Jonathan WILEMAN	02:24.77	388	15.71	33.78	52.93	01:12.17	01:31.38	01:50.69	02:07.90	02:24.77
220 Womens Open 50m Butterfly	16Yrs/Under	57 Lucy PEARSON	31.93	445	14.85							
		59 Nubia ADJEI	32.02	441	14.98							
221 Mens Open 50m Breaststroke	16Yrs/Under	29 Andrej DRZAIC	34.75	383	16.19							
		32 William BOND	34.95	377	16.28							
227 FINAL OF EVENT 219 Mens 200m Backstroke	16Yrs/Under	1 Michael REES	02:07.99	562	14.40	29.45	45.57	01:01.89	01:18.16	01:34.95	01:51.84	02:07.99
		3 Kieran RUTTER	02:09.48	542	14.82	30.25	46.55	01:02.83	01:19.44	01:36.13	01:53.45	02:09.48
		6 Joseph LENIHAN	02:13.36	496	15.22	31.74	48.44	01:05.87	01:23.02	01:40.49	01:57.47	02:13.36
228 FINAL OF EVENT 219 Mens 200m Backstroke	17Yrs/Over	5 Jonathan WILEMAN	02:11.37	519	14.25	30.03	46.72	01:03.41	01:20.49	01:37.48	01:54.60	02:11.37
233 Womens Open 100m Freestyle	16Yrs/Under	67 Kelly BONE	01:03.96	504	14.45	30.70	47.21					
235 Womens Open 50m Backstroke	16Yrs/Under	21 Nubia ADJEI	32.38	498	16.10							
		29 Lucy PEARSON	32.71	483	16.31							
		37 Kelly BONE	33.17	463	16.70							
		51 Hannah REES	34.17	423	16.86							
236 Mens Open 100m IM	16Yrs/Under	27 William BOND	01:08.39	406	14.39	31.94	52.36					
		32 Andrej DRZAIC	01:09.99	379	15.17	33.99	53.44					
	17Yrs/Over	5 Jonathan WILEMAN	01:02.03	544	12.72	28.41	46.76					
245 FINAL OF EVENT 236 Mens 100m IM	17Yrs/Over	5 Jonathan WILEMAN	01:02.01	545	-	-	-					